

October 7-9, 2022 **Hard Rock Hotel & Casino Atlantic City**

Therapy by the Sea takes continuing education to the next level with the opportunity to earn up to 17 optometric CE credits while enjoying a weekend with family and colleagues. TBTS events include the See Well Be Well 5K Fun Run/Walk, Young OD Meet & Greet, and Friday welcome reception!





ATLANTIC CITY

New Jersey Society of Optometric Physicians (609) 323.4012 www.njsop.org Hard Rock Hotel Reservations: (609) 449.6860 Visit the Therapy by the Sea event website at www.njtbts.com

Earn up to 17 Optometric CE Credits

Save on hotel reservations until Sept. 6

See Well Be Well 5K Fun Run/Walk registration inside!

Full day of paraoptometric education







Therapy by the Sea has been the NJSOP's premier event for many years; This year's program will present 28 hours of COPE approved CE and will take place at the ever-fabulous Hard Rock Hotel & Casino Atlantic City. With ample conference space, fantastic restaurants, and a music vibe unlike any other, the Hard Rock is a fun-filled venue for the more than 200 optometric physicians, paraoptometrics, industry professionals, and families to gather for the weekend. The enclosed information will give you details about the weekend including lecture topics, speaker information, and social events being held throughout the 2022 conference -- be sure to check out Saturday's suturing workshops! We look forward to seeing you there!

A special THANK YOU to our sponsors in-part:









Rock Out at the Rock - Friday

While CE begins at 12, the Exhibit Hall doors will open at 3pm on Friday and you'll have access to some of the greatest industry vendors (and NJSOP supporters) through 5:30 Saturday! We'll kick off the weekend with a welcome reception amongst friends and exhibitors from 6pm - 7pm on Friday. Get a head start on completing your exhibit hall passport and collecting tickets to put toward raffle prizes while interacting with exhibitors!



Young OD Meet & Greet

This invitation-only event will provide attendees with the opportunity to meet their VSP representatives and share ideas on how VSP can support future Young OD programs with the NJSOP. Light food and drinks will be served in a casual atmosphere beginning at 5:30pm Saturday evening.



Student Saturday - make a day of it!

New this year - optometry school students are invited to check out the Therapy by the Sea exhibit hall beginning at 2pm on Saturday! Stay to attend the Saturday evening reception and the Young OD Meet & Greet - two excellent opportunities for networking! Free for students! (Registration required on page 9.) ODs wishing to sponsor a student to help offset participation costs can do so for \$30 - see page 9 to include sponsorship in your registration.



See Well Be Well 5K Fun Run/Walk - Sunday

The See Well Be Well 5K Fun Run/Walk will take place Sunday, October 9th at 7:30am on the Boardwalk near the Hard Rock entrance. This event benefits the Richard J. Favreau, OD Health Foundation which serves as a catalyst for ideas, partnerships, and programs that improve the health and quality of life of at-risk populations in NJ. The first 50 registrants (prior to September 1st) will receive a t-shirt. More details, including information on sponsorship opportunities can be found on Page 7.

Don't miss the Suturing Lab -- only 15 seats available!



The Suturing for Optometric Surgeons Workshop will take place on Saturday from 8am - 9:40am (Course 5B) and 2pm - 3:40pm (Course 6B) and will be presented by Richard Castillo, OD. The course will provide an introduction to wound closure using interrupted percutaneous suturing. Indications, contraindications, instrumentation, suturing supplies, classification of suture, different types of suture material, needles, and wound closure technique, suture removal, pre- and post- procedure care will be discussed and demonstrated via lecture and video presentation!

OD & Guest Registration Information

The 3 Day Package *BEST VALUE*

Includes all of the available CE over the three days (28 hours offered, maximum of 17 hours can be taken); Exhibit Hall admission Friday and Saturday; Friday coffee/cookie break; Friday evening Welcome Reception; Saturday breakfast; Saturday lunch; Saturday evening reception; Sunday breakfast; Sunday morning coffee/power break.

OD Price: Guest Price:

\$590 member \$175 adult/\$55 child (age 12 and under)

\$735 non-member (Cost for guests includes NJSOP food functions/Exhibit Hall admission)

The 2 Day Package

FRIDAY/SATURDAY: Includes CE on Fri/Sat; Exhibit Hall admission Fri/Sat; Friday coffee/cookie break; Friday evening Welcome Reception; Saturday breakfast; Saturday lunch; Saturday evening reception.

OD Price: Guest Price:

\$440 member \$150 adult/\$55 child (age 12 and under)

\$545 non-member (Cost for guests includes NJSOP food functions/Exhibit Hall admission)

-OR-

SATURDAY/SUNDAY: Includes CE on Sat/Sun; Exhibit Hall admission Saturday; Saturday breakfast; Saturday lunch; Saturday evening reception; Sunday breakfast; Sunday morning coffee/power break.

OD Price: Guest Price:

\$410 member \$125 adult/\$55 child (age 12 and under)

\$510 non-member (Cost for guests includes NJSOP food functions/Exhibit Hall admission)

The Daily Rates

Includes all of the CE on the chosen day(s); Exhibit Hall admission on the chosen day(s) *Note: exhibit hall is not open Sunday; NJSOP food function on chosen day(s).

OD Prices:

Friday: \$215 member

Friday: \$315 non-member

Saturday: \$270 member

Saturday: \$400 non-member

Student Saturday: \$30

Sunday: \$175 member

Sunday: \$260 non-member

Guest Prices:

Friday Guest: \$90

Friday Child: \$20 (age 12 and under)

Saturday Guest: \$125

Saturday Child: \$45 (age 12 and under)

Sunday Guest: \$50

Sunday Child: \$20 (age 12 and under)

[Cost for guests includes food function and Exhibit Hall admission on chosen day]

Paraoptometric Registration Information

Saturday CE

Includes coursework, exhibit hall, breakfast, and lunch on the selected days (Saturday only, or Friday and Saturday) as well as the Saturday Evening Reception. Please note, Friday courses will not be AOA/CPC approved, however Paras are still invited to attend Friday courses for COPE CE credit.

Saturday Only Paraoptometric Price:

\$185 Paraoptometric Member

\$200 Paraoptometric Non-member

Friday & Saturday Paraoptometric Price: \$275 Paraoptometric Momber

\$275 Paraoptometric Member

\$290 Paraoptometric Non-member

\$125 Guest adult/\$45 Guest Child (age 12 and under)

\$150 Guest adult/\$55 Guest Child (age 12 and under)

Exhibit Hall Pass Only Options - For those who will not be attending any courses but still want to visit the exhibt hall.

Friday Exhibit Hall Only

\$125 Member OD

\$145 Non-member OD

\$65 Member Para

\$75 Non-member Para

Saturday Exhibit Hall Only

\$150 Member OD \$100 Member Para \$175 Non-member OD \$125 Non-member Para

\$0 Student Saturday Pass

Friday, October 7, 2022 - Track A

[Track open to ODs and Paras]

1A

12pm - 1pm: COPS-The Police Eye Evaluation (HGN and DRE)

Harvey Richman, OD, FAAO, FCOVD • 1 hr. NJSBO TPA Credit / COPE # 80162-NO / CE Broker # 20-941736

This course will provide the attendees with the basis of Horizontal Gaze Nystagmus, Pupil Assessment and Convergence as part of the Standardized Field Sobriety test and the Drug Recognition Evaluation.

2A

1pm - 2pm: - Cannabis Updates for OD's

Harvey Richman, OD, FAAO, FCOVD 1 hr. NJSBO Oral Credit/COPE # 80163-PH/NJSBO # 441-2023/CE Broker # 20-94172

With many states changing their laws, this course will delve into the legal, social and economic risks and benefits of cannabis beyond just the medical components.

3A

2pm - 3pm: Ask The Coding Experts

Harvey Richman, OD, FAAO, FCOVD • 1 hr. NJSBO Regular Credit / COPE # 80166-PM / CE Broker # 20-941746

This course will cover the primary emails sent to the AOA Ask The Coding Experts and examples of their answers.

3:00pm - 4:00pm EXHIBIT HALL BREAK



4pm - 6pm: A Focused DEI Vision Through Cultural Humility

Juliana Mosley Williams, PhD, CDP 2 hrs. NJSBO Regular Credit / COPE # 80338-PB / CE Broker # 20-941748

This workshop will challenge participants to define their own personal culture/identity and acknowledge their personal biases; learn how to positively influence the healthy dynamics of engaging with and respecting "other" despite the differences; and examine disparities in healthcare and identify ways providers can dismantle these inequities through conscious consideration and engagement of cultural humility.

Saturday, October 8, 2022 - Track A

[Track open to ODs only]

5A

8am - 9:40am: Innovations in Glaucoma: Next Generation Technology, Medications, and Delivery Justin Schweitzer, OD 2 hrs. NJSBO TPA Credit / COPE # 80261-GL / CE Broker # 20-941752

Advances in glaucoma diagnostics and management continue to evolve at a rapid pace. In order to continue to care for glaucoma patients at a high level it is imperative that innovation continues in the glaucoma space. The focus of this course is to discuss new advancements in glaucoma diagnostic technology, what's new in the glaucoma pipeline, and what the future holds.

9:40am - 10:20am EXHIBIT HALL BREAK



10:20am - 12pm: The Surgical Management of the Anterior Segment: The ODs Role

Justin Schweitzer, OD ■ 2 hrs. NJSBO TPA Credit / COPE # 80265-PO / CE Broker # 20-941756

This course will discuss optometry's role in managing various anterior segment surgical procedures and the conditions that accompany them. Peri-operative management of the most common anterior segment surgical procedures including partial thickness corneal transplants, full-thickness corneal transplants, cataract surgery, corneal collagen cross-linking and corneal refractive procedures. Topics include an overview of advanced anterior segment surgical treatment options, indications for surgery, advantages and disadvantages of the procedure and post-operative care.

12:00pm - 2:00pm LUNCH IN EXHIBIT HALL



2:00 pm - 3:40pm: The Challenges of the Cornea

Justin Schweitzer, OD 🔹 2 hrs. NJSBO TPA Credit / COPE # 80264-TD / CE Broker # 20-941762

This case base coursed will challenge attendees with a variety of anterior segment presentations that all OD's may encounter in their clinics. Infectious keratitis to recurrent corneal erosions to corneal degenerations/dystrophies create challenging decisions in diagnosis and management. The OD will leave this course confident in making an accurate and efficient diagnosis as well as selecting proper treatment options.

8A

3:45pm - 4:35pm: The Nuances of Normal Tension Glaucoma

Justin Schweitzer, OD, OD Inr. - NJSBO TPA Credit / COPE # 80263-GL / CE Broker # 20-941764

The most important risk factor for glaucoma is elevated intraocular pressure, however, the pressure theory cannot sufficiently explain how normal tension glaucoma causes vision loss. This course will discuss all aspects of normal tension glaucoma including the pathophysiology, diagnosis, and treatment.

Saturday, October 8, 2022 - Track B

[Open to ODs only; Limited to 15 registrants in each session]



8:00am - 9:40am: Suturing for Optometric Surgeons Workshop

Richard Castillo, OD, DO 2 hrs. NJSBO TPA Credit / COPE # 80246-SP / CE Broker # 20-941768

An introduction to wound closure using interrupted percutaneous suturing. Indications, contraindications, instrumentation, suturing supplies, classification of suture, different types of suture material, needles, and wound closure technique, suture removal, pre- and post- procedure care will be discussed and demonstrated via lecture and video presentation.



2:00pm - 3:40pm: Suturing for Optometric Surgeons Workshop

Richard Castillo, OD, DO 2 hrs. NJSBO TPA Credit / COPE # 80246-SP / CE Broker # 20-941768

An introduction to wound closure using interrupted percutaneous suturing. Indications, contraindications, instrumentation, suturing supplies, classification of suture, different types of suture material, needles, and wound closure technique, suture removal, pre- and post- procedure care will be discussed and demonstrated via lecture and video presentation.

Saturday, October 8, 2022 - Track C

[Track open to ODs and Paras]



8:00am - 8:50am: Visual Snow Syndrome: An Evolving Neuro-Optometric Clinical Perspective

Barry Tannen, OD, FAAO, FCOVD • 1 hr. NJSBO TPA / AOA-CPC # ED-0051-22 / COPE # 80241-NO / CE Broker # 20-941854

Visual Snow Syndrome (VSS) represents a relatively new and important medical and neuro-optometric diagnosis. Visual Snow can best be defined as the perception of a pixelated overlay of "snow" which encompasses the patient's entire visual field. In this lecture we will discuss the key diagnostic findings of VSS, as well as new, and potentially revolutionary neuro-optometric rehabilitative treatment options for a condition which had previously had very limited treatment success. Case studies will be discussed.

6C

8:50am - 9:40am: A Primary Care Guide for Treating Amblyopia: A Summary of the Most Current Clinical Concepts

Barry Tannen, OD, FAAO, FCOVD

1 hr. NJSBO Regular / AOA-CPC #ED-0050-22 / COPE # 80242-FV / CE Broker # 20-941860

In this lecture we will summarize the current evidence-based guidelines for diagnosing and treating functional amblyopia. Also, a protocol for a ground-breaking binocular ("patchless") approach will be offered along with case studies for the traditional as well as the new treatment approaches.

7C

10:00am - 11:00am: Ocular Anatomy in Under One Hour!

Alan Kabat, OD 1 hr. NJSBO Regular / AOA-CPC # AP-0022-22 / COPE # 80243-GO / CE Broker # 20-929771

Anatomy provides the cornerstone to a working knowledge of health and disease. An understanding of ocular anatomy is essential for all eye health providers. This course provides a framework for conceptualizing the anatomy of the human eye, understanding the role of each component part (in health and disease), and the relationships between these key elements of the eye and adnexa.

8C

11:00am - 12:00pm: COVID-19 and the Eye

Alan Kabat, OD 1 hr. NJSBO TPA / AOA-CPC # ED-0049-22 / COPE # 80244-SD / CE Broker # 20-942050

The COVID-19 pandemic placed new and unprecedented challenges on all healthcare workers. Eye care providers were not spared from these challenges. In this course, we will review the basic biology and etymology of the disease, as well as some of the specific ocular signs and symptoms associated with COVID-19.

12:00pm - 2:00pm LUNCH IN EXHIBIT HALL



2:00pm - 2:50pm: Urgent and Non-Urgent Triage in Optometric Practice

Rodolfo Rodriguez, OD, ABO-Dipl 👤 1 hr. NJSBO TPA PENDING/AOA-CPC # SP-0023-22/COPE # 80516-TD / CE Broker # 20-948680

This course will allow the optometric office to be more familiar in identifying emergencies, urgent cases and non-urgent cases. We will address the triage component and the classic signs and symptoms that the patient may be describing and how to elicit that information in an efficient manner. Then we will then discuss the most common emergencies, urgent cases and non-urgent cases with diagnoses and treatments.

10C

2:50pm - 3:40pm: Glare Affects: Lenses and Optics

Anna Gorodischer, Licensed Optician 1 hr. NJSBO Regular / AOA-CPC # OP-0072-22 / COPE # 80284-GO / CE Broker #20-941866

This course will discuss the topics: How does glare happen; affects of glare on lens materials and RX lenses; what is anti-glare and how it affects glare; how frame selection could impact glare; as well as, the difference between AR and Blue light.

11C

3:45pm - 4:35pm: Ask The Coding Experts

Harvey Richman, OD, FAAO, FCOVD ■ 1 hr. NJSBO Regular Credit/AOA-CPC # SW-0024-22/COPE # 80166-PM/CE Broker #20-941746

This course will cover the primary emails sent to the AOA Ask The Coding Experts and examples of their answers.

7:30am - 8:30am See Well Be Well 5K Fun Run/Walk



9am - 10:15am: Visual Vestibular Integration Dysfunction: What the Optometrist Needs to know – PART I

incent Vicci, OD 1.5 hrs. NJSBO TPA Credit / COPE # 80433-NO / CE Broker # 20-942970

*NOTE - 1 hour CE Broker Credit - credit only given in hour increments

It is estimated that over 90 million patients (1/3 of the population) experience bouts of dizziness during their lifetime. Of these, 16 million have inner ear problems but many are often mis-diagnosed as vision problems. Today's lecture will discuss the new role of Optometry in the diagnosis and management of vestibular dysfunctions from the perspective of the vision care practitioner.



10:15am - 11:30am: Visual Vestibular Integration Dysfunction: What the Optometrist Needs to know - PART II

/incent Vicci, OD 📕 1.5 hr. NJSBO TPA Credit/ COPE # 80434-NO / CE Broker # 20-948682

*NOTE - 1 hour CE Broker Credit - credit only given in hour increments

It is estimated that over 90 million patients (1/3 of the population) experience bouts of dizziness during their lifetime. Of these, 16 million have inner ear problems but many are often mis-diagnosed as vision problems. Today's lecture will discuss the new role of Optometry in the diagnosis and management of vestibular dysfunctions from the perspective of the vision care practitioner.



11:30am - 1:10pm: Prescribing Pearls for the Pediatric Population

Nidhi Rana, OD, MS, FAAO 2 hrs. NJSBO Oral Credit / COPE #80330-PH / NJSBO # 450-2023 / CE Broker # 20-941872

Current pediatric both oral and topical prescribing recommendations will be reviewed in this case-based lecture. An extensive review and update will provide the participant with an improved understanding of therapeutic benefits as well as potential risks of medications prescribed for children, including efficacy, safety and prescribing medications. The course will review both gram positive and gram-negative pathogens that are common in children. The course will cover all the pharmacological medication prescribing groups like antibiotics, antivirals, steroids, and glaucoma medications.

NJSOP Health and Safety Policy

On page 9, registrants will attest that they have read and will comply with the NJSOP Health and Safety Policy during the Therapy by the Sea Event. Our health and safety policy may change to match the current recommendations and guidelines. You can find the updated policy at www.njtbts.com.



It is the policy of the NJSOP to follow the CDC and New Jersey COVID guidelines. <u>Learn more about the CDC</u> <u>guidelines here</u> and visit the <u>NJ COVID Hub here</u>. All Therapy by the Sea attendees are expected to follow the below recommendations during the event that are designed for the protection of all attendees:

- a. Practicing social distancing i.e., remaining at least six feet apart from other persons not living in your household.
- b. Wearing a face covering, unless eating or drinking, is strongly encouraged.
- c. Practicing frequent hand washing.
- d. Covering coughs and sneezes.
- e. Monitoring your personal health.
- f. Refraining from attending the event if you are currently experiencing symptoms of COVID-19.
- g. Refraining from attending the event if you recently tested positive for COVID-19 or experienced COVID-19 symptoms, unless at least 10 days have passed since the start of symptoms and you are currently symptom free and fever free for at least the last 24 hours. You may shorten this time period to 7 days by obtaining a negative test result after the 7th day.

Refrain from attending the event if you are unvaccinated and had a known COVID-19 exposure within the past 10 days, unless a negative test is obtained no less than 5 days following your last known exposure. Wear a well-fitting mask for at least 10 days following the date of exposure.

As an attendee, if you see a situation you believe to present a risk of illness, please bring it to the attention of the NJSOP staff and take appropriate measures to protect yourself from harm.

Our health and safety policy may change to match the current CDC and New Jersey recommendations and guidelines. Visit www.nitbts.com for updates.

If you have any questions please contact Keira Boertzel-Smith at kboertzel-smith@njsop.org.

SEE WELL BE WELL

5K FUN RUN/WALK | SUNDAY, OCTOBER 9, 2022 | BOARDWALK AT HARD ROCK HOTEL

We cordially invite you to participate in this year's **See Well Be Well** 5K Fun Run/Walk on Sunday, October 9, 2022 at the Boardwalk at Hard Rock Hotel. The event proceeds go entirely to the programs of the Richard J. Favreau, OD Health Foundation, a 501 (c) (3) nonprofit charitable corporation (Tax ID # 27-4637570).

The Richard J. Favreau, OD Health Foundation, which was formed in 2010, serves as a catalyst for ideas, partnerships, and programs that improve the health and quality of life of at-risk populations in New Jersey. This is achieved by funding programs which increase public awareness and provide services to expand eye health and vision care access, ultimately enhancing the quality of life for our target populations. Charitable contributions include:

- Donation to Special Olympics NJ for equipment for athlete vision screenings and fabrication of eyeglasses during the Summer Games;
- Sizable donation to Camp Marcella, New Jersey Camp for Blind Children, Inc.;
- Established a children's vision program;
 - Grant check presented to the Parker Family Health Center a free health care clinic in Monmouth County focused on dignity and compassion for all patients. The foundation also assisted with the Parker Family Health Center's equipment wish list.

5K Fun Run/Walk - 7:30 am

Pre-Registration Fee: \$25 On-Site Registration Fee: \$30

First 50 pre-registered participants prior to Sept. 1st will receive a t-shirt.

Medal given to top male and female finishers.

Registrant Information: (all fields required)

Name	Age			
Address				
City	State	Zip		
Phone Number	Email			
Registration Fees & Discounts:	T-shirt Size:	Mens Small		
☐ 5K/Fun Run Pre-Registration\$25.00	☐ Womens Small	Mens Medium		
	Womens Medium	☐ Mens Large		
5K/Fun Run On-Site Registration\$30.00	☐ Womens Large	☐ Mens Extra Large		
	☐ Womens Extra Large	Mens 2X Large		

Checks should be made payable to The Richard J. Favreau, OD Health Foundation

→ Mail completed registration form with payment to:

NJSOP 4 AAA Drive, Ste. 204 Hamilton, NJ 08691

Questions? Contact the New Jersey Society of Optometric Physicians at (609) 323-4012

Registration

Choose your courses (indicate your choice in the box next to each selection). You will be contacted immediately via phone if any of the courses you have chosen are sold out.

Notice to Members

NJSOP Dues must be current to qualify for registration at the reduced member rate. Failure to remit the correct registration fee will result in your unprocessed registration being returned to you.

Handouts

Course Materials (i.e. handouts) will only be available for download from the NJSOP event website several weeks prior to the event. Printed handouts will not be available.

Pre-Registration is Required

Walk-ins will NOT be accepted under any circumstance.
Registrations will be processed on a first-come, first-served basis.

Refund Policy

You are entitled to a full refund if cancellation is received by September 16th or a 50% refund if cancellation is received by September 23rd. No refund will be given for cancellation on or after September 24th.

Name Badges

Properly displayed name badges will be required for admission to all education, exhibit, business and social functions. Only paid registrants may attend activities and events.

Confirmations

Confirmations along with travel directions will be mailed out upon receipt of your registration.

Education

It is the responsibility of out-ofstate registrants to ascertain if the credit for any particular course can be applied toward that state's CE requirement. NJSOP will seek CE certification for COPE only.

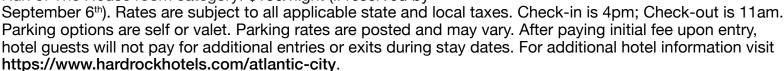
Waiver of Liability

Please be advised that by remittance of the registration form to NJSOP, it is agreed by all parties involved that NJSOP shall not be held responsible for any injury, damage, lost or stolen articles, or any additional expense incurred over and above state registration fees in conjunction with these events.

Accommodation Information

Hard Rock Hotel & Room Rates - Each guest is responsible for making their own room reservation with Hard Rock Hotel. Reservations must be made via the website https://book.passkey.com/go/GOP1022. Use Group Code: GOP1022 to receive the discounted room rate of \$155 for Run of the House room category. You may also reserve a room by calling 609-449-6860 and using the group code above, however a surcharge will be added to all call-in reservations.Please make reservations early as rooms have sold out in the past.

All reservations are based upon availability. Room rates are for Run of The House room category: \$155/night (if reserved by











Don't Miss A Moment

Document your weekend in AC and follow along as we do the same using #TBTS22. Find us on Facebook at www.facebook.com/njsop and on Instagram and Twitter @NJeyedocs.

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If paying by credit card, please fax completed registration form to NJSOP at (609) 323-4014; If paying by check, please send completed registration form and check to NJSOP at 4 AAA Drive, Suite 204 Hamilton, NJ 08691. Please make checks payable to NJSOP; OR visit the event website at www.njtbts.com to register online.